

POSITIVE INSIGHTS

SEPTEMBER 2021 ISSUE 8

AUTUMN IS COMING

THE FALL BRINGS SO
MANY FUN FAIRS,
HARVESTS, APPLE
PICKING AND MORE!

APPLE PIE PUBLIC EVENTS

Positive Outlooks, LLC.
Monthly Newsletter

APPLE PICKING SEASON

CONNECTICUT FINEST FARMS

One of the finest fall season activities each year is the Apple Harvest, where many people go and seek out some great apple picking locations. Connecticut is rich in apple farms ripe for the picking.

LYMAN ORCHARDS, MIDDLEFIELD

Lyman Orchards is one of the largest pick your own farms in Connecticut. In the fall they offer a wide array of apples to pick. They have a restaurant and sale an array of baked goods and delicious farmers market foods. They also offer a maze and other family activities.

NORTON BROTHERS FRUIT FARM, CHESHIRE

Norton Brothers is a smaller farm with a huge array of apples to choose from. You don't have to walk far to get to the apples. During the harvest season, the farm store sells everything from milk, cider donuts, honey and pies. During Special events, the farm offers hay rides.

SILVERMAN'S FARM, EASTON

Silverman's Farm is over 100 years old. Not only do guests have an array of apple farms to pick from, and a farm store to shop from, this farm has live animals ranging from buffalos, llamas, alpacas, sheep and more. This is a great place to enjoy farm life for the day.

ROGER'S ORCHARD, PLANTSVILLE

Rogers Orchard is famous for its apple cider donuts and apple fritter bites! It is not a pick your own orchard, but the farm store gives you a farm throwback with a wide selection of apples, fruit, baked goods and much more.

BLUE JAY ORCHARDS, BETHEL

Blue Jay Orchard is bountiful of fresh fruits, pumpkins, baked goods, and a variety of Pick your own apples and pumpkins. The decorated pumpkin patch is open during Apple Picking Season!





37TH ANNUAL
Harvest Moon
 Festival
 2021

Hosted by Boy Scout Troop 102 of Naugatuck, this fair is in it's 37th year offer an array of shopping and entertainment for Naugatuck and neighboring towns. Mayor Pete Hess will open the ceremonies Friday at 11AM on Friday September 17th. Opening Ceremonies begin September 18th at 9AM on Saturday. The event runs both days until 8:00 PM

SAT. & SUN. SEPT. 17 & 18
NAUGATUCK TOWN GREEN

- FRIED DOUGH
- FRIED OREOS
- ARTS & CRAFTS
- LIVE MUSIC
- JEWELRY
- FOOD TRUCKS
- HEALTH SCREENINGS
- AND MORE!



BARTLEM PARK, CHESHIRE CT

- FRIDAY - FOOD TRUCKS**
- FOOD TRUCKS 5 PM - 9 PM
 - CARNIVAL 6 PM - 11 PM
 - DAVE CRISPINO 6 PM
 - BEER & WINE 7 PM - 9 PM
 - EIGHT TO THE BAR 7 PM

SATURDAY - FALL FESTIVAL

- YOGA
- CAR SHOW
- FIREWORKS
- CARNIVAL
- SCARECROW BUILDING CLASS
- LIVE MUSIC
- FACE PAINTING
- CLOWNS AND MORE!

POSITIVE OUTLOOKS, LLC WILL HAVE A BOOTH AT THIS FESTIVAL.

CLASSIC APPLE PIE RECIPE

- **5-6 APPLES (MULTIPLE VARIETIES ARE BEST)**
- **1/2 STICK OF BUTTER MELTED**
- **3/4 CUP OF SUGAR**
- **1 TEASPOON OF CINNIMON**
- **1/4TH TEASPOON OF VANILLA**
- **1/4TH TEASPOON OF SALT**
- **2 TABLESPOONS OF FLOUR**
- **1 TABLESPOON OF LEMON JUICE (OPTIONAL)**
- **2 PIECE PREMADE PIE CRUST, OR USE
PIECRUST RECIPE LINK BELOW.**



1. Preheat oven to 425.
2. Peel and cut apples to desired thickness and place them into a large bowl.
3. Add Lemon Juice, approximately 1/4 of the butter and vanilla, and mix it until apples are lightly coated.
4. Add sugar, flour, salt, cinnamon, and mix apples around, preferably with your hands until all the apples are as evenly coated as possible.
5. Place apple mixture aside.
6. Prep-pie crust as directions states on your pie crust packaging or recipe.
7. You can use baking spray to reduce the risk of the pie crust sticking to the bottom of the pan.
8. Put the first pie crust on the bottom, and press down on all sides.
9. Pour apple mixture into the pie, ensure there's slightly more in the center of the pie than in the corners.
10. Put top crust on the pie. You can use a variety of designs, stripes, or place the entire pie crust over the top. If you are using a whole pie crust on top, cut several vents to allow excess fluid or steam out. This will reduce the risk of the pie becoming soggy.
11. Coat with the remainder of the butter, or you can use egg white for a darker crust.
12. To reduce the risk of dark edges, cover the edges with aluminum foil.
13. Bake for 40-45 minutes.

MARTHA STEWARTS PERFECT PIE CRUST:

<https://www.marthastewart.com/1151756/perfect-pie-crust>

Basics of Making Maple Syrup



Step 1: Find Your Trees. Start off by finding a maple tree.

Step 2: Add the Spiles.

Step 3: Collect Sap. The sap will be clear, and will taste like water with a very slight sweetness to it.

Step 4: Boil It Down to remove excess water

Step 5: Finishing/storing after cooling in sealed glass jars.

For more information: <https://tapmytrees.com/collect-sap-make-syrup/>
Maple Syrup making kits can be purchased online and include more indepth directions, recipes, and more!



HAPPY HARVEST CROSSWORD



ACROSS

2. I am a fruit that is picked in the fall
6. I am a place that grows food
8. A spicy drink made of apples
9. Long animal slumber
13. A ride through an orchard or farm
14. I am a warm beverage made of cocoa, 2 words
16. Tool to collect leaves

DOWN

1. A type of tree that makes syrup
3. You can carve me up to look pretty or scary
4. A delicious snack made from pumpkins, 2 words
5. I keep your garden safe
6. I am an event a town has to celebrate the season
7. In England they call me a jumper
10. Another word for cold, There is a _____ breeze.
11. I fall when the weather grows cold
12. I am also called maize
15. Another name for Fall



COVID-19 UPDATE

We would all like to return back to normal, but until we stop covid-19 or reduce the mortality of those at highest risk, we need to do our part to stop the spread.

Getting the vaccine greatly reduces your risk of hospitalization or spreading the disease to others.

Positive Outlooks, LLC. Policy:

Positive Outlooks, LLC. now requires all support staff and managers to wear a mask with clients, co-workers, and in the office regardless of vaccination status. Unfortunately, there will be disciplinary action for those who do not follow these preventative measures. This policy is to protect you, your client, our employees, and all of our families. Many of our clients are at a higher risk of serious illness from Covid-19.

Vaccination:

Positive Outlooks, LLC. encourages all of our staff to be vaccinated against covid-19. Clients reserve the right to require their on-shift employees to be vaccinated. They reserve this right through their person-centered care. Please send proof of vaccination, if you have it to csedita@positiveoutlookllc.com.

Boosters:

There has been news about boosters being recommended after 6-8 months after your vaccination. More information is coming on the availability and who is eligible soon. 6

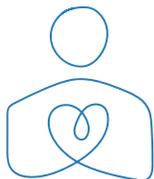
Handwashing/Hygiene:

Please continue to wash hands for no less than 20 seconds, use hand sanitizer, use gloves when appropriate, and clean frequently used surfaces as often as needed. Paper face masks are preferred, however, if you are using cloth, please wash and sanitize, and follow the instructions on the masks/packaging. Some masks are only good for a limited number of washings. Do not reuse paper masks.

If you have any questions please visit the CDC website for up-to-date information. You can also follow them on Facebook and Twitter. Information changes rapidly and new alerts are posted. It is important for your safety and well-being to keep yourself informed about this highly contagious disease.

None of the information above is to replace the medical advice of our physician.

Stay Safe. Stay Healthy.





Safe & Welcoming Environment Policy

Support Staff:

For the safety, well-being, and mental health of all staff, Positive Outlooks, LLC. would like to remind staff that we have a strict no-tolerance policy against harassment. Harassment includes policies against 'gossip', slander, and libel.

Gossip, slander, or libel goes against our safe workplace policy and our harassment policy. Gossip can be hurtful and can negatively affect the work environment and affect the atmosphere of a client's home. Any actions that cause an individual to be uncomfortable, including gossip can result in disciplinary action.

- Gossip is a form of harassment. Gossip can also be a form of sexual harassment.
- Gossip can be both verbal, non-verbal, direct, indirect, implied, through electronic communications or any other means.
- Gossip, slander, or libel that takes place off the clock, that affects the workplace atmosphere or environment is also considered to be workplace harassment.

All reports of gossip, slander, or libel will be taken seriously. **You deserve the right to be comfortable and feel safe at work.**

If you have any questions about this policy, please feel to reach out to us.

Christine M. Sedita, B.S.

Human Resource

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203-632-9780

COMMUNITY PAGE

Share your stories, art, announcements, ads, and more here!
 Email Csedita@positiveoutlookslc.com



GRIFFIN HOSPITAL

COVID- 19 VACCINES!

<https://www.griffinhealth.org/Coronavirus-COVID19-Information/COVID-19-Vaccination>



GRIFFIN HEALTH



Happy Birthday

DARIN ARLINE
MICHAEL LOPEZ
ANDREW MAZON
LESLIE POWELL



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ANSWERS: